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Affect and Emotion Cruel Optimism Heritage Affect and Emotion Affect and Literature The Affect Effect Understanding Events Sleep and Affect Affective Publics Affect Regulation and the Origin of the Self Sonic Warfare The Political Economy of Affect and Emotion in East Asia Critical Affect The Affect Theory Reader Affect and Artificial Intelligence The Transmission of Affect Affect Theory and Early Modern Texts Historical Affects and the Early Modern Theater Affect and Social Behavior Affect and the Rise of Right-Wing Populism Affect and Emotion Affect and the Rise of Right-Wing Populism Market Affect and the Rhetoric of Political Economic Debates Information Processing, Affect and Psychopathology Affect in Relation Decision Making, Affect, and Learning Affect, Emotion, and Children's Literature Knowing Feeling: Affect, Script, and Psychotherapy Affect, Gender and Sexuality in Latin America Affect Theory and Literary Critical Practice Politics of Affect The Blue Book of Grammar and Punctuation How to Do Things with Affects More Than Our Pain Little Book of Big Emotions Affect and Accuracy in Recall The Cambridge Handbook of Workplace Affect Affect Regulation, Mentalization, and the Development of the Self Affect in Social Thinking and Behavior The Cultural Politics of Affect and Emotion Video Games and the Mind

Against the background of the media commercialization reform since the 1990s in China and drawing on the case of »X-Change« (2006-2019), Wei Dong investigates the affective meaning-making mechanism in the multimodal text of Chinese reality TV. The focus lies on the ways in which emotions are appropriated and disciplined by regimes of power and identity, and the ways in which affect - in this case primarily kuqing (bitter emotions) communicated by the material and the body - have the potential to challenge or exceed existing relations of power in the mediascape. Wei Dong shows how Chinese reality TV provides a historical and theoretical opportunity for understanding the affective structures of contemporary China in the dynamic process of fracture and integration. Papers originally presented at a workshop conference convened in Stowe, Vermont on July 13-17 2008, as part of the Attention and Performance series. A relation of cruel optimism exists when something you desire is actually an obstacle to your flourishing. Offering bold new ways of conceiving the present, Lauren Berlant describes the cruel optimism that has prevailed since the 1980s, as the social-democratic promise of the postwar period in the United States and Europe has retracted. People have remained attached to unachievable fantasies of the good life—with its promises of upward mobility, job security, political and social equality, and durable intimacy—despite evidence that liberal-capitalist societies can no longer be counted on to provide opportunities for individuals to make their lives “add up to something.” Arguing that the historical present is perceived affectively before it is understood in any other way, Berlant traces affective and aesthetic responses to the dramas of adjustment that unfold amid talk of precarity, contingency, and crisis. She suggests that our stretched-out present is characterized by new modes of temporality, and she explains why trauma theory—with its focus on reactions to the exceptional event that shatters the ordinary—is not useful for understanding the ways that people adjust over time, once crisis itself has become ordinary. Cruel Optimism is a remarkable affective history of the present. This book uses affect theory to analyze the rise of right-wing populism in recent years and discusses the pedagogical implications for democratic education. It provides examples of how affect and emotion play a crucial role in the rise and reproduction of current right-wing populism. The author suggests ideas about affective pedagogies for educators to use (along with recognizing the risks involved) to renew democratic education. The chapters lay out the importance of harnessing the power of affective experiences and adopting strategic pedagogical approaches to provide affirmative practices that move beyond simply criticizing right-wing populism. The book consequently undermines the power of fascist and right-wing tendencies in public life and educational settings without stooping to methods of indoctrination. This volume is a valuable resource for researchers and policy-makers in education, political science and other related fields, who can utilize the affective complexities involved in combatting right-wing populism to their advantage. Shifting the focus from human interiority toward the agency of cultural objects, social arrangements and aesthetic matter, How to Do Things with Affects examines the affective operations and transmissions triggered by various aesthetic forms, media events and cultural practices. Heritage and its economies are driven by affective politics and consolidated through emotions such as pride, awe, joy and pain. In the humanities and social sciences, there is a widespread acknowledgement of the limits not only of language and subjectivity, but also of visibility and representation. Social scientists, particularly within cultural geography and cultural studies, have recently attempted to define and understand that which is more-than-representational, through the development of theories of affect,

assemblage, post-humanism and actor network theory, to name a few. While there have been some recent attempts to draw these lines of thinking more forcefully into the field of heritage studies, this book focuses for the first time on relating heritage with the politics of affect. The volume argues that our engagements with heritage are almost entirely figured through the politics of affective registers such as pain, loss, joy, nostalgia, pleasure, belonging or anger. It brings together a number of contributions that collectively - and with critical acuity - question how researchers working in the field of heritage might begin to discover and describe affective experiences, especially those that are shaped and expressed in moments and spaces that can be, at times, intensely personal, intimately shared and ultimately social. It explores current theoretical advances that enable heritage to be affected, released from conventional understandings of both 'heritage-as-objects' and 'objects-as-representations' by opening it up to a range of new meanings, emergent and formed in moments of encounter. Whilst representational understandings of heritage are by no means made redundant through this agenda, they are destabilized and can thus be judged anew in light of these developments. Each chapter offers a novel and provocative contribution, provided by an interdisciplinary team of researchers who are thinking theoretically about affect through landscapes, practices of commemoration, visitor experience, site interpretation and other heritage work. Over the past few decades, we have witnessed the growth of movements using digital means to connect with broader interest groups and express their points of view. These movements emerge out of distinct contexts and yield different outcomes, but tend to share one thing in common: online and offline solidarity shaped around the public display of emotion. Social media facilitate feelings of engagement, in ways that frequently make people feel re-energized about politics. In doing so, media do not make or break revolutions but they do lend emerging, storytelling publics their own means for feeling their way into events, frequently by making those involved a part of the developing story. Technologies network us but it is our stories that connect us to each other, making us feel close to some and distancing us from others. *Affective Publics* explores how storytelling practices facilitate engagement among movements tuning into a current issue or event by employing three case studies: Arab Spring movements, various iterations of Occupy, and everyday casual political expressions as traced through the archives of trending topics on Twitter. It traces how affective publics materialize and disband around connective conduits of sentiment every day and find their voice through the soft structures of feeling sustained by societies. Using original quantitative and qualitative data, *Affective Publics* demonstrates, in this groundbreaking analysis, that it is through these soft structures that affective publics connect, disrupt, and feel their way into everyday politics. When thinking about the culture and economy of East Asia, many attribute to the region a range of dispositions, including a preference for consensus and social harmony, loyalty and respect towards superiors and government, family values, collectivism, and communitarianism. Affect is central to these concepts, and yet the role of affect and its animated or imagined potentialities in the political economy of East Asia has not been systematically studied. The book examines the affective dimensions of power and economy in East Asia. It illuminates the dynamics of contemporary governance, and ways of overcoming common Western assumptions about East Asian societies. Here, affect is defined as felt quality that gives meaning and imagination to social, political, and economic processes, and as this book demonstrates, it can provide an analytical tool for a nuanced and enriched analysis of social, political, and economic transformations in East Asia. Through ethnographic and media analyses, this book provides a framework for analyzing emerging phenomena in East Asia, such as happiness promotion, therapeutic governance, the psychologization of social issues, the rise of self-help genres, transnational labor migration, new ideologies of gender and the family, and mass-mediated affective communities. Through the lens of affect theory, the contributors explore changing political configurations, economic engagements, modes of belonging, and forms of subjectivity in East Asia, and use ethnographic research and discourse analysis to illustrate the affective dimensions of state and economic power and the way affect informs and inspires action. This interdisciplinary book will be of great interest to students and scholars of Asian studies, anthropology, sociology, media studies, history, cultural studies, and gender and women's studies. *Affect Theory and Literary Critical Practice* develops new approaches to reading literature that are informed by the insights of scholars working in affect studies across many disciplines, with essays that consider works of fiction, drama, poetry and memoir ranging from the medieval to the postmodern. While building readings of representative texts, contributors reflect on the value of affect theory to literary critical practice, asking: what explanatory power is affect theory affording me here as a critic? what can the insights of the theory help me do with a text? Contributors work to incorporate lines of theory not always read together, accounting for the affective intensities that circulate through texts and readers and tracing the operations of affectively charged social scripts. Drawing variously on queer, feminist and critical race theory and informed by ecocritical and new materialist sensibilities, essays in the volume share a critical practice founded in an ethics of relation and contribute to an emerging postcritical moment. This collection of original essays honors the groundbreaking scholarship of Jean E. Howard by exploring cultural and economic constructions of affect in the

early modern theater. While historicist and materialist inquiry has dominated early modern theater studies in recent years, the historically specific dimensions of affect and emotion remain underexplored. This volume brings together these lines of inquiry for the first time, exploring the critical turn to affect in literary studies from a historicist perspective to demonstrate how the early modern theater showcased the productive interconnections between historical contingencies and affective attachments. Considering well-known plays such as Shakespeare's *Antony and Cleopatra* and Thomas Dekker's *The Shoemaker's Holiday* together with understudied texts such as court entertainments, and examining topics ranging from dramatic celebrity to women's political agency to the parental emotion of grief, this volume provides a fresh and at times provocative assessment of the "historical affects"—financial, emotional, and socio-political—that transformed Renaissance theater. Instead of treating history and affect as mutually exclusive theoretical or philosophical contexts, the essays in this volume ask readers to consider how drama emplaces the most personal, unspeakable passions in matrices defined in part by financial exchange, by erotic desire, by gender, by the material body, and by theatricality itself. As it encourages this conversation to take place, the collection provides scholars and students alike with a series of new perspectives, not only on the plays, emotions, and histories discussed in its pages, but also on broader shifts and pressures animating literary studies today. Winner of the 2003 Gradiva Award and the 2003 Goethe Award for Psychoanalytic Scholarship Arguing for the importance of attachment and emotionality in the developing human consciousness, four prominent analysts explore and refine the concepts of mentalization and affect regulation. Their bold, energetic, and encouraging vision for psychoanalytic treatment combines elements of developmental psychology, attachment theory, and psychoanalytic technique. Drawing extensively on case studies and recent analytic literature to illustrate their ideas, Fonagy, Gergely, Jurist, and Target offer models of psychotherapy practice that can enable the gradual development of mentalization and affect regulation even in patients with long histories of violence or neglect. Covering rage and grief, as well as joy and fatigue, examines how Black Lives Matter activists, and the artists inspired by them, have mobilized for social justice. *Affect and Social Behavior*, first published in 1990, provides a comprehensive and integrative examination of research and theory into the role that emotion plays in influencing social behavior. The contributors investigate a number of important domains such as aggression, altruism, romantic attraction, and consumer behavior and the role that affect plays in instigating and regulating these behaviors. The chapters were written by some of the most prominent researchers in the field and they provide a review of research and theory in this important area of study. *Sleep and Affect: Assessment, Theory, and Clinical Implications* synthesizes affective neuroscience research as it relates to sleep psychology and medicine. Evidence is provided that normal sleep plays an emotional regulatory role in healthy humans. The book investigates interactions of sleep with both negative and positive emotions, along with their clinical implications. Sleep research is discussed from a neurobiological, cognitive, and behavioral approach. Sleep and emotions are explored across the spectrum of mental health from normal mood and sleep to the pathological extremes. The book, additionally, offers researchers a guide to methods and research design for studying sleep and affect. This book will be of use to sleep researchers, affective neuroscientists, and clinical psychologists in order to better understand the impact of emotion on sleep as well as the effect of sleep on physical and mental well-being. Contains neurobiological, cognitive, and behavioral approaches Explains methods for examining sleep and affect Summarizes research on sleep and specific affect states Translates research for clinical use in treating disorders An exploration of the production, transmission, and mutation of affective tonality—when sound helps produce a bad vibe. Sound can be deployed to produce discomfort, express a threat, or create an ambience of fear or dread—to produce a bad vibe. Sonic weapons of this sort include the “psychoacoustic correction” aimed at Panama strongman Manuel Noriega by the U.S. Army and at the Branch Davidians in Waco by the FBI, sonic booms (or “sound bombs”) over the Gaza Strip, and high-frequency rat repellants used against teenagers in malls. At the same time, artists and musicians generate intense frequencies in the search for new aesthetic experiences and new ways of mobilizing bodies in rhythm. In *Sonic Warfare*, Steve Goodman explores these uses of acoustic force and how they affect populations. Traversing philosophy, science, fiction, aesthetics, and popular culture, he maps a (dis)continuum of vibrational force, encompassing police and military research into acoustic means of crowd control, the corporate deployment of sonic branding, and the intense sonic encounters of sound art and music culture. Goodman concludes with speculations on the not yet heard—the concept of unsound, which relates to both the peripheries of auditory perception and the unactualized nexus of rhythms and frequencies within audible bandwidths. This book emphasizes the significance of affects, feelings and emotions in how we think about politics, gender and sexuality in Latin America. Considering the complex and even contradictory social processes that the region is experiencing today, many Latin American authors are turning to affect to find a key to understand our present situation, to revisit our history, and to imagine new possibilities for the future. This tendency has shown such a specificity and sometimes departure from northern productions that it compels us to focus more deeply on

its own arguments, methods, and critical contributions. This volume features essays that explore the particularities of Latin American ways of thinking about affect and how they can shed new light into our understanding of, gender, sexuality and politics. The role of affect in how people think and behave in social situations has been a source of fascination to laymen and philosophers since time immemorial. Surprisingly, most of what we know about the role of feelings in social thinking and behavior has been discovered only during the last two decades. *Affect in Social Thinking and Behavior* reviews and integrates the most recent research and theories on this exciting topic, and features original contributions reviewing key areas of affect research from leading researchers active in the area. The book covers fundamental issues, such as the nature and relationship between affect and cognition, as well as chapters that deal with the cognitive antecedents of emotion, and the consequences of affect for social cognition and behavior. This volume offers a highly integrated and comprehensive coverage of this field, and is suitable as a core textbook in advanced courses dealing with the role of affect in social cognition and behavior. Professor Heise's conviction that the psychology of affect theoretically governs common social actions is examined in this book. Passion and emotion run deep in politics, but researchers have only recently begun to study how they influence political thinking. 'The Affect Effect' provides a comprehensive overview of current research on emotion in politics and where it is likely to lead. During the past decade a diverse group of disciplines have simultaneously intensified their attention upon the scientific study of emotion. This proliferation of research on affective phenomena has been paralleled by an acceleration of investigations of early human structural and functional development. Developmental neuroscience is now delving into the ontogeny of brain systems that evolve to support the psychobiological underpinnings of socioemotional functioning. Studies of the infant brain demonstrate that its maturation is influenced by the environment and is experience-dependent. Developmental psychological research emphasizes that the infant's expanding socioaffective functions are critically influenced by the affect-transacting experiences it has with the primary caregiver. Concurrent developmental psychoanalytic research suggests that the mother's affect regulatory functions permanently shape the emerging self's capacity for self-organization. Studies of incipient relational processes and their effects on developing structure are thus an excellent paradigm for the deeper apprehension of the organization and dynamics of affective phenomena. This book brings together and presents the latest findings of socioemotional studies emerging from the developmental branches of various disciplines. It supplies psychological researchers and clinicians with relevant, up-to-date developmental neurobiological findings and insights, and exposes neuroscientists to recent developmental psychological and psychoanalytic studies of infants. The methodology of this theoretical research involves the integration of information that is being generated by the different fields that are studying the problem of socioaffective development--neurobiology, behavioral neurology, behavioral biology, sociobiology, social psychology, developmental psychology, developmental psychoanalysis, and infant psychiatry. A special emphasis is placed upon the application and incorporation of current developmental data from neurochemistry, neuroanatomy, neuropsychology, and neuroendocrinology into the main body of developmental theory. More than just a review of several literatures, the studies cited in this work are used as a multidisciplinary source pool of experimental data, theoretical concepts, and clinical observations that form the base and scaffolding of an overarching heuristic model of socioemotional development that is grounded in contemporary neuroscience. This psychoneurobiological model is then used to generate a number of heuristic hypotheses regarding the proximal causes of a wide array of affect-related phenomena--from the motive force that drives human attachment to the proximal causes of psychiatric disturbances and psychosomatic disorders, and indeed to the origin of the self. What explains the "triumph of capitalism"? Why do people so often respond positively to discussions favoring it while shutting down arguments against it? Overwhelmingly theories regarding capitalism's resilience have focused on individual choice bolstered by careful rhetorical argumentation. In this penetrating study, however, Catherine Chaput shows that something more than choice is at work in capitalism's ability to thrive in public practice and imagination—more even than material resources (power) and cultural imperialism (ideology). That "something," she contends, is market affect. Affect, says Chaput, signifies a semi-autonomous entity circulating through individuals and groups. Physiological in nature but moving across cultural, material, and environmental boundaries, affect has three functions: it opens or closes individual receptivity; it pulls or pushes individual identification; and it raises or lowers individual energies. This novel approach begins by connecting affect to rhetorical theory and offers a method for tracking its three modalities in relation to economic markets. Each of the following chapters compares a major theorist of capitalism with one of his important critics, beginning with the juxtaposition of Adam Smith and Karl Marx, who set the agenda not only for arguments endorsing and critiquing capitalism but also for the affective energies associated with these positions. Subsequent chapters restage this initial debate through pairs of economic theorists—John Maynard Keynes and Thorstein Veblen, Friedrich Hayek and Theodor Adorno, and Milton Friedman and John Kenneth Galbraith—who represent key historical moments. In each case, Chaput demonstrates, capitalism's critics have

fallen short in their rhetorical effectiveness. Chaput concludes by exploring possibilities for escaping the straitjacket imposed by these debates. In particular she points to the biopolitical lectures of Michel Foucault as offering a framework for more persuasive anticapitalist critiques by reconstituting people's conscious understandings as well as their natural instincts. Recollections of unexpected and emotional events (called 'flashbulb' memories) have long been the subject of theoretical speculation. Previous meetings have brought together everyone who has done research on memories of the Challenger explosion, in order to gain a better understanding of the phenomenon of flashbulb memories. How do flashbulb memories compare with other kinds of recollections? Are they unusually accurate, or especially long-lived? Do they reflect the activity of a special mechanism, as has been suggested? Although *Affect and Accuracy in Recall* focuses on flashbulb memories, it addresses more general issues of affect and accuracy. Do emotion and arousal strengthen memory? If so, under what conditions? By what physiological mechanisms? This 1993 volume is evidence of progress made in memory research since Brown and Kulick's 1977 paper. *Affect and Emotion* includes a variety of chapters by some of the most prominent scholars in the area of emotions and leadership, as well as chapters by rising stars. These chapters chart the direction of future research in affect and leadership in four main areas. First, several of these chapters make a convincing argument that leaders use emotional labor and other forms of emotional displays to influence followers and team members. Leaders may use emotional labor to manage relational identities, or to create favorable impressions on followers and to create trust. Leaders' active emotional displays increase vision related performance and perception of transformational leadership. Second, one chapter reveals how emotions play an important role in leadership at every level, from within-person to organization-wide leadership. Leader's emotional labor plays an important role in several of these levels, with the exact method of performing emotional labor varying by level. A second chapter also examines levels of leadership, with a particular examination of the effects of leader emotional labor on close and distant leadership. Third, several of the chapters examine emotions from the authentic leadership and positive leadership perspectives, and two of these chapters focus on how psychological capital and authentic leadership skills help leaders be resilient and overcome obstacles. Fourth, two of the chapters show the role of affect and friendship ties to leadership research. One of these chapters examines the need to develop psychometrically sound measures of affect and friendship, whereas the other develops a model of how affect influences social network ties and informal leadership emergence. Taken together, these chapters illustrate four important research trends in emotions and leadership that are likely to grow in importance in the coming years. This special issue is a tribute to Michael W. Eysenck, a distinguished pioneer in the field of cognition and emotion, and the founding editor of the *Journal of Cognitive Psychology*. It consists of a collection of theoretical as well as empirical papers by eminent scholars who have led the field of cognition and emotion in their own right. In keeping with Mike Eysenck's original ideas, information-processing and attentional control are dominant themes across a diversity of interesting studies and theoretical models that provide a state-of-the-art update on biological influences on cognition, cognitive influences on emotion, and personality traits influencing cognition and emotion. A collection of essays on affect theory, by groundbreaking scholars in the field. "Absolutely essential reading for those wanting to understand the recent 'turn' to affect. Offering an extensive analysis of all the perspectives available, including the psycho, neuro, bio and social, Margie Wetherell treads a magisterial path through the radically different offerings, one that illuminates key ideas and will save the uninitiated wandering down many pointless avenues. A path-setting book." - Professor Beverley Skeggs, Goldsmiths In recent years there has been a huge surge of interest in affect and emotion. Scholars want to discover how people are moved, and understand embodied social action, feelings and passions. How do social formations 'grab' people? How do roller coasters of contempt, patriotism, hate and euphoria power public life? A new social science understanding of affect and emotion is long overdue and Margaret Wetherell's voice is timely, providing a coherent and pragmatic text. It will be invaluable reading for those interested in this fascinating field across the social and behavioural sciences. The bestselling workbook and grammar guide, revised and updated! Hailed as one of the best books around for teaching grammar, *The Blue Book of Grammar and Punctuation* includes easy-to-understand rules, abundant examples, dozens of reproducible quizzes, and pre- and post-tests to help teach grammar to middle and high schoolers, college students, ESL students, homeschoolers, and more. This concise, entertaining workbook makes learning English grammar and usage simple and fun. This updated 12th edition reflects the latest updates to English usage and grammar, and includes answers to all reproducible quizzes to facilitate self-assessment and learning. Clear and concise, with easy-to-follow explanations, offering "just the facts" on English grammar, punctuation, and usage Fully updated to reflect the latest rules, along with even more quizzes and pre- and post-tests to help teach grammar Ideal for students from seventh grade through adulthood in the US and abroad For anyone who wants to understand the major rules and subtle guidelines of English grammar and usage, *The Blue Book of Grammar and Punctuation* offers comprehensive, straightforward instruction. This volume explores the relationship between representation,

affect, and emotion in texts for children and young adults. It demonstrates how texts for young people function as tools for emotional socialisation, enculturation, and political persuasion. The collection provides an introduction to this emerging field and engages with the representation of emotions, ranging from shame, grief, and anguish to compassion and happiness, as psychological and embodied states and cultural constructs with ideological significance. It also explores the role of narrative empathy in relation to emotional socialisation and to the ethics of representation in relation to politics, social justice, and identity categories including gender, ethnicity, disability, and sexuality. Addressing a range of genres, including advice literature, novels, picture books, and film, this collection examines contemporary, historical, and canonical children's and young adult literature to highlight the variety of approaches to emotion and affect in these texts and to consider the ways in which these approaches offer new perspectives on these texts. The individual chapters apply a variety of theoretical approaches and perspectives, including cognitive poetics, narratology, and poststructuralism, to the analysis of affect and emotion in children's and young adult literature.

Decades of research on affect and emotion have brought out the paramount importance of affective processes for human lives. *Affect in Relation* brings together perspectives from social science and cultural studies to analyze the formative, subject constituting potentials of affect and emotion. Relational affect is understood not as individual mental states, but as social-relational processes that are both formative and transformative of human subjects. This volume explores relational affect through a combination of interdisciplinary case studies within four key contexts: Part I: "Affective Families" deals with the affective dynamics in transnational families who are scattered across several regions and nations. Part II: "Affect and Place" brings together work on affective place-making in the contexts of migration and in political movements. Part III: "Affect at Work" analyzes the affective dimension of contemporary white-collar workplaces. Part IV: "Affect and Media" focuses on the role of media in the formation and mobilization of relational affect. In its transdisciplinary spirit, analytical rigor and focus on timely and salient global matters, *Affect in Relation* consolidates the field of affect studies and opens up new avenues for scholarly and practical co-operation. It will appeal to both students and postdoctoral researchers interested in fields such as anthropology, sociology, cultural studies, media studies and human development.

In 1950, Alan Turing, the British mathematician, cryptographer, and computer pioneer, looked to the future: now that the conceptual and technical parameters for electronic brains had been established, what kind of intelligence could be built? Should machine intelligence mimic the abstract thinking of a chess player or should it be more like the developing mind of a child? Should an intelligent agent only think, or should it also learn, feel, and grow? *Affect and Artificial Intelligence* is the first in-depth analysis of affect and intersubjectivity in the computational sciences. Elizabeth Wilson makes use of archival and unpublished material from the early years of AI (1945-70) until the present to show that early researchers were more engaged with questions of emotion than many commentators have assumed. She documents how affectivity was managed in the canonical works of Walter Pitts in the 1940s and Turing in the 1950s, in projects from the 1960s that injected artificial agents into psychotherapeutic encounters, in chess-playing machines from the 1940s to the present, and in the *Kismet* (sociable robotics) project at MIT in the 1990s. *Critical Affect* explores the emotional complexity of critique and maps out its enduring value for the turn to affect and ontology. Through a series of vivid close readings, Ashley Barnwell shows how suspicion and methods of decoding remain vital to both civic and academic spaces, where concerns about precarity, transparency, and security are commonplace and the question of how we verify the truth is one of the most polarising of our age. Weaving together both the critical and affective dimensions of 'paranoid reading', *Critical Affect* opens crucial questions about the ethics of practicing theory and offers a new route into the critical study of affect.

A simple approach to understanding the five basic emotions as energy that can be released and utilized to live a fuller, happier life. *Mad. Sad. Glad. Scared. Ashamed.* for many people, these five ordinary and necessary emotions lead to "big" emotional turmoil. As Erika Hunter expertly explains, you can create greater peace and clarity in your life when you learn to identify and accept your true feelings--and release unwanted emotions. EXCERPT: "To lead whole, healthy lives, we experience our feelings, name them, and chose whether to act on them. No one else can do this for us. Our emotional lives are constantly changing, and our emotions are important clues to discovering what we truly value and what we will become." Explores a wide range of affects, affect theory, and literature to consolidate a fresh understanding of literary affect. Are you struggling to improve a hostile or uncomfortable environment at work, or interested in how such tension can arise? Experts in organizational psychology, management science, social psychology, and communication science show you how to implement interventions and programs to manage workplace emotion. The connection between workplace affect and relevant challenges in our society, such as diversity and technological changes, is undeniable; thus learning to harness that knowledge

can revolutionize your performance in tackling workday issues. Applying major theoretical perspectives and research methodologies, this book outlines the concepts of display rules, emotional labor, work motivation, well-being, and discrete emotions. Understanding these ideas will show you how affect can promote team effectiveness, leadership, and conflict resolution. If you require a foundation for understanding workplace affect or a springboard into deeper, more interdisciplinary research, this book presents an integrative approach that is indispensable. Nathanson and his colleagues explore contemporary affect studies, focusing on the work of Silvan Tomkins, and examine their impact on the theory and practice of psychotherapy. The first book to put contemporary affect theory into conversation with early modern studies, this volume demonstrates how questions of affect illuminate issues of cognition, political agency, historiography, and scientific thought in early modern literature and culture. Engaging various historical and theoretical perspectives, the essays in this volume bring affect to bear on early modern representations of bodies, passions, and social relations by exploring: the role of embodiment in political subjectivity and action; the interactions of human and non-human bodies within ecological systems; and the social and physiological dynamics of theatrical experience. Examining the complexly embodied experiences of leisure, sympathy, staged violence, courtiership, envy, suicide, and many other topics, the contributors open up new ways of understanding how Renaissance writers thought about the capacities, pleasures, and vulnerabilities of the human body. This book analyzes the affective modes of right-wing populism and discusses the pedagogical implications for renewing democratic education. Can a video game make you cry? Why do you relate to the characters and how do you engage with the storyworlds they inhabit? How is your body engaged in play? How are your actions guided by sociocultural norms and experiences? Questions like these address a core aspect of digital gaming—the video game experience itself—and are of interest to many game scholars and designers. With psychological theories of cognition, affect and emotion as reference points, this collection of new essays offers various perspectives on how players think and feel about video games and how game design and analysis can build on these processes. The idea that one can soak up someone else's depression or anxiety or sense the tension in a room is familiar. Indeed, phrases that capture this notion abound in the popular vernacular: "negative energy," "dumping," "you could cut the tension with a knife." *The Transmission of Affect* deals with the belief that the emotions and energies of one person or group can be absorbed by or can enter directly into another. The ability to borrow or share states of mind, once historically and culturally assumed, is now pathologized, as Teresa Brennan shows in relation to affective transfer in psychiatric clinics and the prevalence of psychogenic illness in contemporary life. To neglect the mechanism by which affect is transmitted, the author claims, has serious consequences for science and medical research. Brennan's theory of affect is based on constant communication between individuals and their physical and social environments. Her important book details the relationships among affect, energy, and "new maladies of the soul," including attention deficit disorder, chronic fatigue syndrome, codependency, and fibromyalgia. 'The capacity to affect and to be affected'. This simple definition opens a world of questions - by indicating an openness to the world. To affect and to be affected is to be in encounter, and to be in encounter is to have already ventured forth. Adventure: far from being enclosed in the interiority of a subject, affect concerns an immediate participation in the events of the world. It is about intensities of experience. What is politics made of, if not adventures of encounter? What are encounters, if not adventures of relation? The moment we begin to speak of affect, we are already venturing into the political dimension of relational encounter. This is the dimension of experience in-the-making. This is the level at which politics is emergent. In these wide-ranging interviews, Brian Massumi explores this emergent politics of affect, weaving between philosophy, political theory and everyday life. The discussions wend their way 'transversally': passing between the tired oppositions which too often encumber thought, such as subject/object, body/mind and nature/culture. New concepts are gradually introduced to remap the complexity of relation and encounter for a politics of emergence: 'differential affective attunement', 'collective individuation', 'micropolitics', 'thinking-feeling', 'ontopower', 'immanent critique'. These concepts are not offered as definitive solutions. Rather, they are designed to move the inquiry still further, for an ongoing exploration of the political problems posed by affect. *Politics of Affect* offers an accessible entry-point into the work of one of the defining figures of the last quarter century, as well as opening up new avenues for philosophical reflection and political engagement.

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